

Kursplan ab Oktober

Uhrzeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
08:30 - 09:00						
09:00 - 09:30		Intensiv WS Kurs 9:00 - 09:45		Yoga 8:45 - 10:00	Krabbelzwerge 9:00 - 10:30	
09:30 - 10:00	Einhörner & Drachen 9:30 - 11:00	Hockergymnastik 10:00 - 10:45		WS Kurs 10:15 - 11:00		
10:00 - 10:30				WS Kurs 11:15 - 12:00	Krabbelzwerge 10:30 - 12:00	
10:30 - 11:00		WS Kurs 11:00 - 11:45		WS Kurs 12:15 - 13:00		
11:00 - 11:30		WS Kurs 12:00 - 12:45				
11:30 - 12:00						
12:00 - 12:30						
12:30 - 13:00						
13:00 - 14:00						
14:00 - 15:00						
15:00 - 16:00						
16:00 - 16:30						Yoga-Workshop 15:00 - 18:00
16:30 - 17:00	Functional Vital 17:00 - 18:15	Schwangeren-Yoga 17:00 - 18:15				
17:00 - 17:30	WS Kurs / Berg Neu 18:00 - 18:45			WS Kurs 17:30 - 18:15		
17:30 - 18:00						
18:00 - 18:30						
18:30 - 19:00	Slashpipe 18:30 - 19:30	Yoga 18:30 - 20:00	WS Kurs 18:30 - 19:15	WS Kurs 18:45 - 19:30	Bremsen13 42799 Leichlingen Tel.: 02175 - 2201 info@burg-sagenhaft.de	
19:00 - 19:30						
19:30 - 20:00			Intensiv WS Kurs 19:30 - 20:15			
20:00 - 20:30	Yoga 20:00 - 21:30	Yoga 20:00 - 21:30				
20:30 - 21:00						
21:00 - 21:30						